

In the name of Allah (SWT), the Most Beneficent, the Most Merciful

# Serendib

*Serving the Community since 1972*

Issue 119  
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## SLIA Vision

To connect our members with  
their Sri Lankan heritage

## Assalamu Alaikum Wa Rahmatullahi Wa barakatuh

Dear Respected Elders, Brothers and Sisters

I am immensely grateful to Almighty Allah and the members of SLIA for having the confidence in me to lead this great organisation which Alhamdulillah has been in existence for 44 years.

I previously had the pleasure of serving the SLIA as an office bearer which made me realise the value of being an SLIA member and more importantly the value of belonging to a community that I consider 'our family'. Following my departure, Alhamdulillah I was able to actively support the SLIA and its activities; watching the organisation grow from strength to strength. We have achieved success whilst embracing the responsibilities of being a charitable organisations and helping our dear brothers and sisters in our motherland who are facing difficulties and in desperate need of our help and assistance.

One of our main objectives as your elected representatives of the SLIA is to continue helping the communities in Sri Lanka as well as serving the needs of our membership and the British community here in the UK. Alhamdulillah thanks to the efforts of our past Presidents', their hard working teams, our most generous sponsors and donors we currently have £24K in the charity account earmarked for legacy projects. We shall continue monitoring and reviewing these projects and keep you informed of progress until completion.

I would like to take this opportunity to stress the importance of 'unity amongst the community' and I encourage you all to please join together and stand firm to face the challenges that exist in this current climate today. Islamophobia is growing in the UK, with ongoing scaremongering about Muslims. The various splits within our communities are causing further turbulence amongst us. Insha Allah let us all take responsibility and through our positive actions inspire others to do likewise. I believe communication and working together towards a common goal are essential for success.

We shall actively engage with other Sri Lanka Muslim Organisations to bring about a common understanding so that we enjoy the sense of 'togetherness' and engage in common activities. Dear members, the SLIA is the oldest Sri Lankan Muslim Association in UK, with an excellent reputation and I am pleased to report that I have received requests from other Associations who are keen for us to share our knowledge and experience with them and I believe we in turn, can also learn from them to make improvements to our systems and processes.

The ExCo and I seek your help to ensure that our event programme is successful which can only be achieved through your continued support and participation. Please do support our fund raising causes so we can continue to help those in need of our help. If you wish to be a volunteer and offer assistance at any of our events please contact any of the ExCo team.

This is 'Your Association' so let's all work together for you, us and 'our family'.

Wassalam

**Jazal Marzook, President of SLIA**



# Treasurer Report

Assalamu Alaikum My Dear Brothers and Sisters

It is my intention that we provide you with six monthly report summarising our financial position from September 2016 in our Newsletter, Insha Allah. In the meantime, I summarise below of our current financial position for your information:

◆ **Membership Subscriptions**

During this financial year, we have received the sum of £1,590 in subscriptions as at 28th April 2016. This is almost 50% of last year's total subscriptions of £3,149. This being our main income to cover SLIA annual administrative expenses, I kindly urge any members who have not yet paid, to pay their subscriptions at your earliest.

◆ **Charity Account**

Alhamdulillah, our Charity Account currently stands at £27,444 of which 'Restricted Funds' of £27,226 has been set aside for Mullaithivu-Neeravipitty Village projects in Sri Lanka. These include Permanent Toilet Construction project (PTC), After School programme and Water Project as detailed in our last year's accounts.

◆ **Building Account**

Insha Allah with your help and support, regular monthly rental receipts continues to come in from our tenant at Hanwell Building and currently stands at £33,593.07 as at 11<sup>th</sup> March 2016.

Further details of the projects we are seeking to fund this year can be found in our separate Ramadhan Appeal 2016 flyer and I kindly appeal to all our Brothers and Sisters to support this generously.

You will note that we have pledged approximately £7,000 to support 'Hambantota Tsunami Village' and 'Mullaithivu Neeravipitty Village' during the month of Ramadhan. The recent floods and landslides caused by heaviest rains in 25 years in Sri Lanka have left some 185,000 people being housed in temporary shelters. Insha Allah with your help and support we aim to use excess funds received to support the rehabilitation projects in Sri Lanka for families who have been affected by the recent floods.

Finally, may I kindly urge you to contact us should you have any questions and with your valuable comment and suggestions.

Walaikum Salaam

**Fazly Wahab, Treasurer**



Your generous support can help the SLIA make a difference.

Mr/Mrs/Miss/Other \_\_\_\_\_ Forename \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

Post code \_\_\_\_\_ Cheque No. \_\_\_\_\_

Zakat £ \_\_\_\_\_

Sponsor event £ \_\_\_\_\_

Sadaqah £ \_\_\_\_\_

Please specify event: \_\_\_\_\_

Food parcels £ \_\_\_\_\_

Gift Aid

Please make cheques payable to Sri Lanka Islamic (UK) Association and return to:  
The Treasurer, SLIA (UK), 7 Broadway Buildings, Boston Road, London W7 3TT.

Direct/Electronic payments to the Lloyds Bank Account:

**Sri Lanka Islamic (UK) Association    Account Number    21061860    Sort Code    30-99-08**

# Charity Projects—Ramadan Appeal 2016

Alhamdulillah thanks to your continuing support and most generous donations to our Ramadhan Appeal in 2014 and 2015 you helped SLIA distribute food parcels to households worthy of Sadaqa and Zakat in Hambantota—Tsunami Village and Mullaithivu—Neeravipitty Village.

Last year we distributed food parcels to some 235 families and Inshaa Allah with your generous contributions we plan to increase this to 255 families this year as follows:

## Ramadan food distribution programme

1. **Hambantota – Tsunami Village:** The feeding of 155 families with dry food rations at RS 5,025 per family with a view to Insha Allah help our Muslim brothers and sisters to be in a position to participate in Ramadan along with us all. *This is equivalent to a total of £3,894 at the current exchange rate.*
2. **Hambantota – Tsunami Village local mosque:** The construction of the mosque is not complete and halted due to the lack of funds. The mosque has areas for prayers, religious activities and during the month of Ramadan, khanji is distributed to the people in the area from donations. This year they have asked us to contribute towards the Khanji distribution programme - the provision of Khanji for 10 days is estimated at RS 6,000 per day. *This is equivalent to a total of £300 at the current exchange rate.*
3. **Mullaithivu – Neeravipitty Village:** The feeding of 100 families with dry rations including packaging and distribution costs is estimated at RS 6,150 per family. *This is equivalent to a total of £3,075 at the current exchange rate.*

“Those who spend their wealth [in Allah's way] by night and by day, secretly and publicly - they will have their reward with their Lord. And no fear will there be concerning them, nor will they grieve.”

[Surah Al-Baqarah 2:274]



Hambantota—Tsunami Village distribution programme 2015



Mullaithivu—Neeravipitty Village distribution programme 2015

# Building Sub-committee Post EGM/AGM update

**Sub-Committee Chair:**  
**Jezri Mohideen**

**Members:**

Shamique Ismail  
Jazal Marzook  
Haleem Ossman  
Althaf Zahir



SLIA Building—rear aspect



Adjacent building with rear extension

The sub-committee formulated and presented a comprehensive plan for the future of the SLIA building at the EGM on the 10<sup>th</sup> April 2016. The following four choices were presented in detail:

1. **Continue to rent the building and come back to the membership in 4 years with a proposal;**
2. **Continue to rent the building and develop a plan towards an SLIA Centre for membership needs by investing in another income producing asset or extending the rear of the premises;**
3. **Continue to rent the building and use the funds received to pay for hall hire and charity;**
4. **Exercise the break clause - sell the building and raise more funds for a new premises via a membership drive and Islamic finance.**

Although the ExCo and the sub-committee were disappointed that we did not get required number of members for the quorum, we had a healthy and a fruitful discussion at the EGM. Later that day, President Bro Haleem Ossman took this up at the AGM and resolved all the outstanding issues. The Membership were updated with a good summary of the morning EGM discussions and requested to vote on the proposed alternatives. Masha'Allah the membership entrusted the building sub-committee's suggestion (i.e. option 2 above) to go ahead and continue to rent the property and explore the rear extension option.

In line with the adjoining building rear extension, the sub-committee plan to submit a pre-application for extension with Ealing Council within the next three months. Following this we plan to come up with a comprehensive extension plan with costs etc. for membership approval. Simultaneously, we shall be exploring plans to invest the rental money in another property if this proposed extension is not viable due to planning restrictions.

It is important that our community have as much say as possible in this process, as the building is the greatest asset we have, and as such, should be of interest to the entire membership. If you have opinions you would like to voice, or wish to serve on this sub-committee, then please contact any member of the ExCo or any of the sub-committee.

Wa Salaam

**SLIA Building sub-committee**

To receive an online version of the Serendib Newsletter, please e-mail: [membership@slia.org.uk](mailto:membership@slia.org.uk)  
This will assist us in our endeavour to cut costs and provide valuable contributions towards protecting our environment.

## Al Haj. Hon Mohamed Haniffa Mohamed

*By Nissther Annis  
(Former President Sri Lanka Islamic UK Association).*

Hon Mohamed Haniffa Mohamed was the Longest Serving Senior Muslim Leader who served the Muslim Community and the Country with honesty and integrity. He embarked on his political career as the Mayor of the Colombo Municipal Council and held office from 1960 to 1963 and was selected as an MP during the Dudley Senanayake administration. He later functioned as the Minister of Labour and Housing and later was appointed the 14th Speaker of Parliament.

The veteran politician passed away at the ripe age of 95 years leaving his legacy for fellow Sri Lankans to follow. Marhoom Mohamed was born on 15<sup>th</sup> June 1921 to Nagoor Meera Mohamed Haniffa a Proctor and Notary Public in the Colombo Courts and Member of the Colombo Municipal Council for the Maligawattee Ward, and to Umma Hafeera daughter of Abdul Azeez and Yehya Umma. The proud descendant of a glorious family.

Marhoom Mohamed received his education at Wesley College, Colombo during the Rectorship of Rev John Dalby and Rev Albert Hutchinson and served as the President of his Alma mater for over ten years. During this time he was responsible for extending the school playground and provided the school with turf wickets. The school pavilion was named after him for his services to the college. He was the only old boy (amongst the Schools in Sri Lanka) to be the chief guest at his alma mater Prize giving days on six occasions.

In 1965 the UNP nomination board selected Marhoom Mohamed as the candidate for Colombo Central to contest the general election, but on a request made by the UNP leader Dudley Senanyake, J R Jayawardena and Esmond Wickramasinghe switched to the 90% Sinhala electorate of Borella. (Their view he was the only one who can win back Borella). Mr Mohamed agreed! Won the seat defeating the firebrand candidate of the LSSP Mrs Vivienne Gunawardena. This huge success for the UNP propelled Marhoom Mohamed to a Cabinet post and was appointed Minister of Labour, Employment and Housing from 1977 to 2005 and held cabinet post for Transport, National Security, Parliamentary Affairs, Urban Development and Western Province. He was the

first to hold the portfolio of Muslim Religious and Cultural affairs.

Among the many projects carried out by Marhoom Mohamed the following few stand out as iconic; The Islamic Centre at Maligawatte Colombo, construction of the Dewatagaha Jummah Mosque, Kataragama Mosque, Kirulapana Jummah Mosque and various other development projects undertaken including Naleemiya Institute at Beruwela, Muslim orphanage at Makola, Kal eliya Muslim Ladies' Arabic College, Islamic Centre for Physically Handicapped at Tihariya, Zahira College Colombo, MICH Colombo, Madrasuthul Falah Kattandudy, Al Hijara and Khairiya Girls School, Zahira College Kalmuni and Ghaffooriya Arabic School in Maharagama. Further, I worked with him closely on several water hand pumps in Kinniya under our charity Al Ihsan Trust Sri Lanka.

The Sri Lanka Islamic Association UK received couple of donations due the efforts of Marhoom Mohamed. One from the Kingdom of Saudi Arabia Embassy in London and the other from the Community for Muslims affairs (ThotANJI) Saudi Arabia. Both donations were in the 1980/1990. He was an ardent supporter of the SLIA and attended many events and functions.

The crowd that attended his janaza was estimated over 10,000. All races attended his final farewell. It was easily the largest crowd that attended a funeral of a leader in the Muslim Community and a huge testimony to his popularity with all communities.

I am so proud to have had a very close relationship with this great man and is one person I have and always will hold in very high esteem.

I always met him during his visits to London at his son's (Azahim) residence where he advised me on many occasions on personal and business matters. I also visited him whenever I went to Sri Lanka and in fact, met him only two weeks before he passed away.

The grateful people will always remember you and be thankful for all the good work you have done for the country. May Almighty Allah Bless you with the Highest Position, in Jennathul Firdous – Ameen



# Tawakkul & Isti'anah (trusting in Allah & seeking His help)

**Bismillahi walhamdulillahi wasalatu wassalamu 'ala rasulillah**

"In Arabic, the word "Islam" means submission or surrender however, it was derived from the root word "salam". From this root word, you can also derive the words peace and safety. Many people feel that Islam implies some sort of enslavement to Allah, but others find it more helpful to define the word "Islam" as surrender".. (<http://muslimvoices.org/word-islam-meaning/>)

Tawakkal refers to the attitude of mind that Muslims have, that surrenders their will to Allah's will. This teaching is found in the Taurat, injil and Zaboor (Old and New Testament, Psalms). So we share Allah's teaching with the Jews and Christians.

The Quranic ayah in surathul Baqara 2:152, illustrates many aspects of the concept of Tawakkal Isti'anah. Allah (SWT) says:

**So remember Me; I will remember you. And be grateful to Me and do not turn away. (Be Ungrateful to me). O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient. And do not say about those who are killed in the way of Allah, "They are dead." Rather, they are alive, but you perceive [it] not. And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient, Who, when disaster strikes them, say, "Indeed we belong to Allah , and indeed to Him we will return. Those are the ones upon whom are blessings from their Lord and mercy. And it is those who are the [rightly] guided.**

If we ponder on this we can learn lessons of how we too may develop this quality. This quality is important because the benefits such as calmness, strong heart, not becoming susceptible to depression are some of the benefits. A more detailed coverage of more benefits can be found in the webpage <http://www.theislamicemailcircle.com/discover/belief-in-taqdeer-and-tawakkal-in-allah/>

## Remembering Allah

We remember Allah, and are grateful to Him just by practicing the second principle of Islam: by praying five times a day. Every time we pray the surathul Fatiha we remind ourselves in a perfect manner about the nature of Allah (SWT), the one who deserves all thanks (Alhamdulillah). The cherisher and sustainer of all the worlds (rabil a'lameen). The most beneficent (Ar Rahman - to whom belongs every beneficence available in existence), the most merciful (who gives this beneficence to whom he pleases). We also acknowledge that He is the final judge of all when "All that is on earth shall perish". [Surathul Rahman 55:26]

## Seeking help with patience and prayer

When we pray five times a day it appears that sometimes our duas are not answered. The above mentioned ayah tells us that we must continue to seek this help and assistance from Allah (SWT), with patience, continuing to pray and believe that our duas will be answered. This is supported by the statement in Surathul Baqara [2:186]:

"And when My slaves ask you (O Muhammad (SAW) concerning Me, then (answer them), I am indeed near (to them by My Knowledge). I respond to the invocations of the supplicant when he calls on Me (without any mediator or intercessor). So let them obey Me and believe in Me, so that they may be led aright".

Sometimes we think something is good for us but Allah, the All-knowing may know that it is better for us not to receive what we ask.

"So let them obey Me and believe in Me, so that they may be led aright"  
Surathul Baqara [2:186]



## Our tests of hardship

The purpose we were created was so that Allah can test which of us are best in deeds. [Surathul Mulk 67:2]. The reality of our existence is that every living person will face difficulties in life. When life is good we say Alhamdulillah (All thanks belong to Allah) and when calamity befalls us we say Inna lillahi wa inna ilaihi 'rajioon (Truly, from him we come and to him we return). This is an acknowledgement that we arrived on earth with nothing and everything we have is from Him, and if this is taken away, then we know, that if we bear this calamity with patience, we will be rewarded when we return to Him, because "Every soul will taste death, and you will only be given your [full] compensation on the Day of Resurrection". [Surathul Imran 3:185]

The believers who are able to do this consistently, are those who have the quality of Tawakkal. There are many more verses in the quran that speaks about tawakkal. Some reference are given below in the sources section.

Those who have Iman (Faith), do as the prophet (SAW), advised "When you ask, ask Allah, and when you seek help, seek it from Allah". So those are two aspects of a believer's attitude to life Tawakkal (Trust) and Isti'anah (seeking help). The fundamental part of their personality, which gives them, the ability to face life with all its ups and downs with amazing poise, dignity and grace.

The prophet (SAW) described it as follows:

**"Amazing is the affair of the believer, verily all of his affair is good and this is not for no one except the believer. If something of good/happiness befalls him he is grateful and that is good for him. If something of harm befalls him he is patient and that is good for him" [Saheeh Muslim #2999]**

May Allah give us the thowfeek and hikmah to live our lives with Tawakkal (Trust) and Isti'anah (seeking help). May He give us the good of this world and the hereafter.

### Sources:

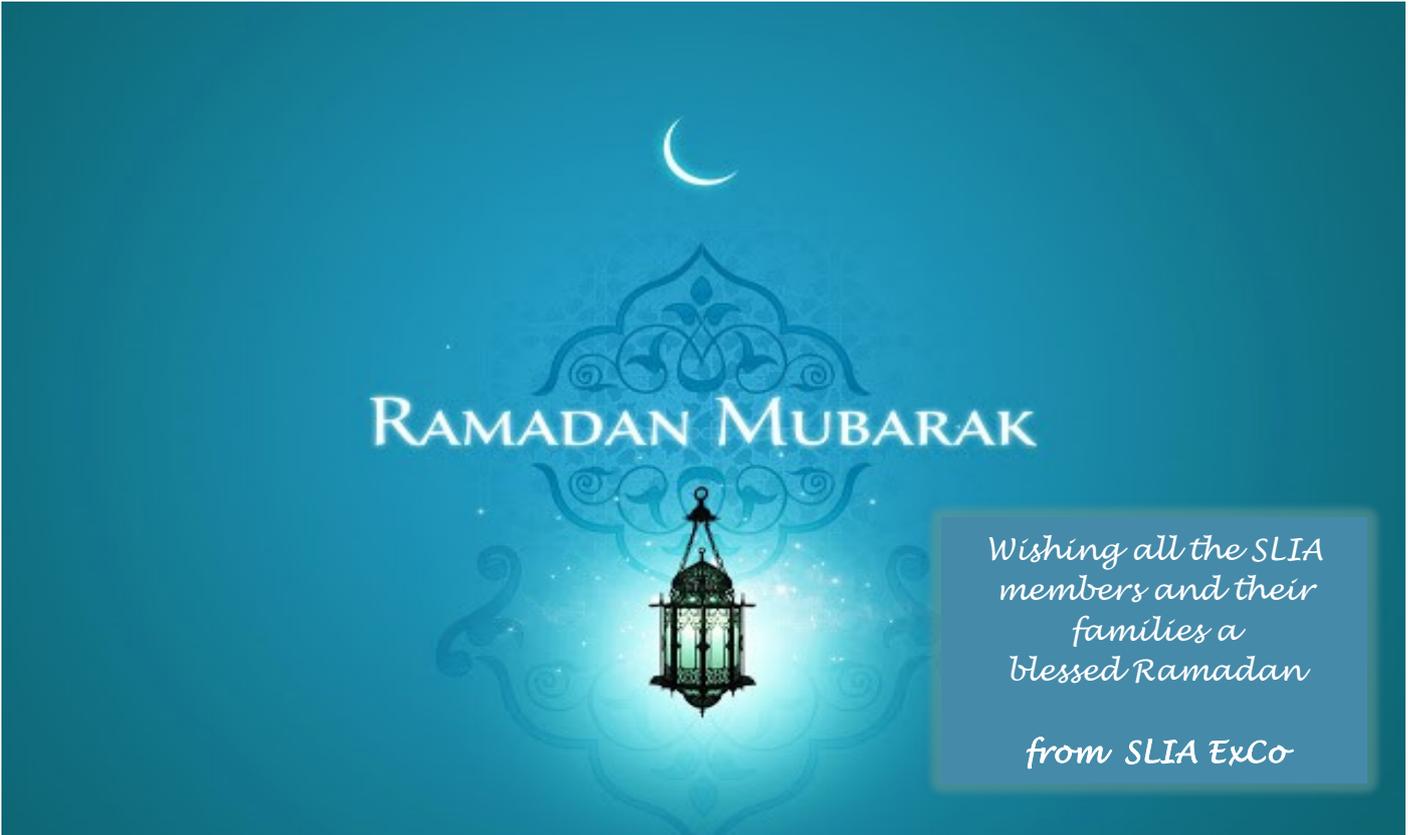
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Tawaqall references: (58:10) ; (11:123) ; (22:78) ; (11:88) ; (1:5) ;

<http://www.iqrasense.com/dua-from-quran-and-hadith/regarding-dua-to-allah-allahs-promise-to-the-believers.html>

<https://abdurrahman.org/2009/06/29/amazing-is-the-affair-of-the-believer/>



RAMADAN MUBARAK

*Wishing all the SLIA  
members and their  
families a  
blessed Ramadan*

*from SLIA ExCo*

# SLIA Community News

## Births

Alhamdulillah we would like to congratulate the parents and their families on their new arrivals:

4th March 2016: **Nufayl and Bushra Razick**, Bristol, South Gloucestershire on the birth of their son **Umar**

7th April 2016: **Reza and Bushra Sadiq**, Southgate, North London on the birth of their daughter **Aaisha Inaya**

20th April 2016: **Muhammad Shameem Siddique and Fathima Nisreen Hamza**, Wembley, Middlesex on the birth of their daughter **Fathima Azeena**

*May Almighty Allah make the children a blessing to their parents and a blessing for the Umma of Prophet Muhammad (SAS)*

## Weddings

The SLIA is pleased to announce the following weddings that took place with Allah's grace

3rd January 2016, Ramada Hotel, Colombo, Sri Lanka: **Aniqah Junaideen** (daughter of Shamalee and Faleel Junaideen, South Harrow, Middlesex) and **Muharriz Mubeen** (son of Mr and Mrs M A M Mubeen, Sri Lanka).

*May Almighty Allah bless you, and may He send blessings upon you, and may He unite you both in good.*

## Obituaries

*Inna Lillahi Wa Inna Ilayhi Raji'un - 'Surely we belong to Allah and to Him we shall return'*

7th February 2016, Kandy, Sri Lanka: **Sithy Fathimah Hasan**, beloved wife of the late S. M. A. Hasan (Attorney at Law, Kandy); eldest daughter of the late Al haj and the late Mrs S. Sulaiman of Makola; loving mummy of Shifaya, Neluffa (UK), Dr Fathima (Sydney) and Dr Rizvi; mother-in-law of the late Anver Maraikar, Hasan (UK), Aslam (Sydney), and Dr Erasha; grandmother to Ziyah, Roshan, Nasreen, Dr Perveen, (Sydney), Diyath and Chirath and sister of the late Saeed Sulaiman, late Neisha, late Rahima, late Faizal Sulaiman, late Shahiba, Rasheed Sulaiman, Fowzia, Hilmy Sulaiman and Basheer Sulaiman. Sister in law of Marina, Mumthaz, Mazina, Zulfica and Dhusty. The Janaza took place at the Katukalle Jumma mosque in Kandy on Monday 8th February 2016.

29th February 2016, High Wycombe, Buckinghamshire: **Al Haj T.M.A (Dearine) Raheem**, husband of late Hajiani Jayadevi (Joyce) Raheem; father of Ramzi (Etihad Airways Abu Dhabi) and Cherine (UK); father In Law of Ranjika (Abu Dhabi) and Asthar Deane (UK); loving grandfather of Mayumi, Machiko, Kimiko, Aaron and Raiyan. The Janaza took place on 1<sup>st</sup> March 2016 at Carpenders Park Cemetery, Watford, UK.

3rd March 2016, Colombo, Sri Lanka: **Mrs Saidiya Saheed**, wife of the late Mr Nazim Saheed and mother of late Shahnaz, Sharmeen (Sri Lanka) and Sharook (Dubai). Grandmother of Hafsa Sadiq (UK), Adnaan Sabireen (Sri Lanka) and Khulsoom Zurfick (Australia).

The Janaza and burial took place on 4th March 2016 at Dehiwala mosque and burial grounds.

14<sup>th</sup> March 2016, Sri Lanka: **Maas Jahir Cassim** beloved husband of Farina and father of Mirza and Faiza. Son of Marhoom M J D Cassim and Marhooma Ummu Heran; Brother of Nihara Ismail (UK) and Brother- in-law of Amin Ismail (UK). Uncle to Yasmin and Stephen (UK) and Grand Uncle to Aaliya, Hana and Xzara (UK). The Janaza took place on 15th March at Battaramulla Muslim burial grounds, Sri Lanka.

18th April 2016, Colombo, Sri Lanka: **Sithy Fathima Marina Noordeen**, wife of Ahamed Refaie Bin Adham, mother of Ibrahim Kuthubdeen, Khairunnissa Mazeena Ismail (Germany) and Mohamed Muzhir. Sister of Marhoom Jiffrey Noordeen, Zeenia Saleem (UK) Marhoom Najimul Irfan and Shuhaib. The Janaza took place on 19th April at 'Selonica' 700 Galle Road, Colombo 3, followed by burial at Dehiwala burial grounds.

26th April 2016, Colombo, Sri Lanka: **Hon Mohamed Haniffa Mohamed**, former speaker of Sri Lanka's Parliament and Cabinet Minister beloved son of Marhoom Nagoor Meera Muhammad Haniffa, Proctor SC, MMC & Ummu Hafeera Abdul Azeez. Beloved wife of Marhoom Noor Naseem Abdul Hameed. Father of Hussain (Ayesha Hadi), Ummu (Dr. Naas Haniffa), Thufa (Fairoze Hameed), Hassan (Jezmin Jabir), Azahim Mohamed (Minna Ibrahim), Shaul (Farhath Fouz), and Mahroom Shaha (Jamshed Ariff). Grandfather of Shihab, (Ireland) Sumaiha (UK), Usma, (USA), Shazida (Saudi Arabia) and Fahimah (UK). Burial took place at Kupiyawatte Muslim Burial Ground on 26th April 2016.

11th May 2016, Colombo, Sri Lanka: **Haniffa Mohamed**, beloved son of the late M H Mohamed (former Speaker of Sri Lanka Parliament, MP and Cabinet Minister) and Noor Naseema Abdul Hameed. Loving husband of Aynul Mazeeya Razik. Much loved father of Shazma, Sjaza and Shadiya. Beloved brother of Hussain (Ayesha Hadi), Ummu (Dr. Naas Haniffa), Thufa (Fairoze Hameed), Hassan (Jezmin Jabir), Azahim Mohamed (Minna Ibrahim), Shaul (Farhath Fouz), and Shaha (Jamshed Ariff). Uncle of Grandfather of Shihab,(Ireland) Sumaiha (UK), Usma (USA), Shazida (Saudi Arabia) and Fahimah (UK). Paternal Grandson of the late Nagoor Meera Muhammad Haniffa, Proctor SC, MMC and Ummu Hafeera Abdul Azeez. Maternal Grandson of Abdul Azeez Abdul Rahman and Yehiya Umma bint Abdul Hameed. Burial took place at 6pm at Kuppiyawatte Muslim Burial Grounds on 11th May 2016.

21st May 2016, Nittambuwa, Sri Lanka: **Haaris Fareed** (former stenographer at the Sri Lankan High Commission) beloved husband of Yasmina Jamaldeen and father of Imran Harris (UK) and Ilhaam. Cousin of Deena Sadikeen (UK) and Mohamed Zareem (UK). Janaza took place on 22nd May at the Ranpokunagama Mosque and burial grounds.

*May Almighty Allah grant them Jannat-ul-Firdous. Ameen*

## *New Members*

We would like to welcome the following members to the Association:

*Mr Anas Eliyas*

*Mr Mohamed Hussain*

*Mr Mohamed Shihan Mohideen & Mrs Fatima Cassim*

*Mr Mohamed Rifaz Ramzy & Mrs Fathima Fahmila Ramzy*

*Mr Muhammed Shameem & Mrs Nisreen Hamza Siddique*



# SARA LODGE

HOME FOR PEOPLE  
WITH LEARNING DISABILITIES

RESPITE CARE,  
RESIDENTIAL CARE &  
SUPPORTED LIVING SERVICES

RESPITE CARER MEANS GIVING A CARER A SHORT BREAK FROM THE PERSON THEY CARE FOR. IT ALSO GIVES THE CAREE FOR PERSON A SHORT BREAK FROM THEIR CARER. IT APPLIES TO PEOPLE WHO MAY HAVE A CARER BUT WHO NEED A BREAK FROM THEIR HOME CIRCUMSTANCES. WHATEVER THE CASE MAY BE, RESPITE CARE CAN BE PROVIDED BY SARA LODGE.

## OUR CARE COMMITMENT

Our approach to caring has developed by listening to service users, and tailoring our services around what they tell us they need. Each service user has a named carer. To provide the best care, we provide the right amount of carer. As well as taking responsibility as a team for each person's personal and social care needs, each carer gets to know their service user extremely well, and becomes highly tuned to their needs and interests.

We also arrange visits to the doctors, dentists, chiropractors, physiotherapists, aromatherapists, reflexologists, reminiscence specialists and other specialists. We abide by stringent policies and regulation for the safety and welfare of our staff and service users - including health and safety, data protection and complaints (which are always dealt with swiftly and positively). We are regulated by the Care Quality Commission.

THE TYPES OF CARE  
OFFERED BY SARA LODGE ARE,

- ✓ RESPITE CARE
- ✓ RESIDENTIAL CARE HOME
- ✓ SUPPORTED LIVING SERVICES

## RESIDENTIAL CARE HOME & SUPPORTED LIVING SERVICES

Residential homes and Supported Living Services provide 24/7 personal assistance within a homely, relaxed and secure environment. Residential Care is appropriate for service users who have high needs and low mobility. Supported Living Services are appropriate for service users with basic mobility and who are able to retain a degree of personal independence within a safe and supportive environment. Both residential care and supported living services provide assistance with personal care in accordance to individual needs and with person centred care plans.

## CONTACT US

SARA LODGE  
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HENDON, LONDON  
NW4 4PE



020 7193 7462



info@dilloncare.co.uk

<http://www.dilloncare.co.uk>

## SLIA Upcoming Events

### Ramadhan Iftars

**1. Saturday, 11th June 2016**

#### Nakshabandhi Zikr

St Vincent De Paul Church  
2 Witham Road, Isleworth TW7 4AJ

**2. Saturday, 18th June 2016**

#### Islamic Talk

St Vincent De Paul Church  
2 Witham Road, Isleworth TW7 4AJ

**3. Saturday, 25th June 2016**

#### SLIA Hizb

Claremont High School  
Claremont Ave, Harrow, HA3 0UH

*(2 kathams are to be Thamamed, please contact Rafat Hashim for allocation of Juz and if you wish to make any donations)*

### Ramadhan Iftars cont'd

**4. Saturday, 2nd July 2016**

#### Al Diaya/SLIA

**Halara AsShazuli**  
St Vincent De Paul Church  
2 Witham Road, Isleworth TW7 4AJ

*(1 katham is to be Thamamed, please contact Iqbal Ossman on 0208 3957861 for allocation of Juz)*

### Eid-UI-Fitr Lunch

**Sunday, 17th July 2016**

Double Tree by Hilton Hotel  
2-8 Hanger Lane, London,  
W5 3HN

### Eid-ul-Adha Lunch

**September 2016**

Details TBA

### Meelad-un-Nabi

**December 2016**

Details TBA

### Nakshabandhi Zikr

**February 2017**

Details TBA

### 45<sup>th</sup> Annual General Meeting

**April 2017**

Details TBA

## SLIA Mission

*SLIA's mission is to promote charitable, social, cultural, sports and educational activities to achieve unity and strengthen relationships in line with our religious and cultural values for the benefit of our members and the communities we engage with*



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## Ramadan Timetable

Ramadan Prayer times for London (Greater London, UK)

06 June 2016 - 05 July 2016 / Ramadan 1437

Date	Day	Ramadan	Fajr	Sunrise	Zuhr	Asr	Maghrib/Iftar	Isha
June 6	Mon	1	02:52	04:45	12:59	18:34	21:13	23:06
7	Tue	2	02:52	04:45	12:59	18:35	21:14	23:07
8	Wed	3	02:52	04:44	13:00	18:35	21:15	23:07
9	Thu	4	02:52	04:44	13:00	18:36	21:16	23:08
10	Fri	5	02:52	04:44	13:00	18:36	21:17	23:08
11	Sat	6	02:52	04:43	13:00	18:37	21:17	23:09
12	Sun	7	02:52	04:43	13:00	18:37	21:18	23:09
13	Mon	8	02:52	04:43	13:01	18:37	21:19	23:10
14	Tue	9	02:52	04:43	13:01	18:38	21:19	23:10
15	Wed	10	02:52	04:43	13:01	18:38	21:20	23:10
16	Thu	11	02:52	04:43	13:01	18:39	21:20	23:11
17	Fri	12	02:52	04:43	13:01	18:39	21:20	23:11
18	Sat	13	02:52	04:43	13:02	18:39	21:21	23:11
19	Sun	14	02:52	04:43	13:02	18:39	21:21	23:12
20	Mon	15	02:52	04:43	13:02	18:40	21:21	23:12
21	Tue	16	02:53	04:43	13:02	18:40	21:22	23:12
22	Wed	17	02:53	04:43	13:03	18:40	21:22	23:12
23	Thu	18	02:53	04:44	13:03	18:40	21:22	23:12
24	Fri	19	02:53	04:44	13:03	18:40	21:22	23:12
25	Sat	20	02:54	04:44	13:03	18:40	21:22	23:12
26	Sun	21	02:54	04:45	13:03	18:41	21:22	23:13
27	Mon	22	02:54	04:45	13:04	18:41	21:22	23:13
28	Tue	23	02:55	04:46	13:04	18:41	21:22	23:13
29	Wed	24	02:55	04:46	13:04	18:41	21:21	23:13
30	Thu	25	02:56	04:47	13:04	18:41	21:21	23:13
July 1	Fri	26	02:56	04:48	13:04	18:41	21:21	23:12
2	Sat	27	02:56	04:48	13:05	18:40	21:20	23:12
3	Sun	28	02:57	04:49	13:05	18:40	21:20	23:12
4	Mon	29	02:57	04:50	13:05	18:40	21:19	23:12
5	Tue	30	02:58	04:51	13:05	18:40	21:19	23:12

Prayer times provided by [www.salahtimes.com](http://www.salahtimes.com)

The timetable is not based on actual sighting of the moon, which is required for the beginning of the month of Ramadan and Eid. Therefore, for the beginning of these months you should contact your local mosque.

Dua for keeping fast at Sehar:

وَيَصُومُ غَدًا نَوَيْتُ مِنْ شَهْرِ رَمَضَانَ

Wa bisawmi ghadinn nawaiytu min shahri Ramadan (I intend to keep fast today for the month of Ramadan)

Dua for breaking fast at Iftaar:

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma inni laka sumtu wa bika aamantu [wa 'alayka tawakkaltu] wa 'ala rizq-ika aftarthu  
(O Allah, I fasted for You and I believe in You and I break my fast with your sustenance)